

2. Oswald West State Park to Cape Lookout State Park



**OREGON
COAST TRAIL**



LEGEND

- Oregon Coast Trail
- Beach Trail
- Trail on Road/Hard Surface
- Alternate Route
- Roads
- Trail Direction Information
- State Park Boundary
- Interpretive Exhibit Information
- Camping

Scale: 0 to 2.5 miles. North arrow pointing up.

PLEASE NOTE: The trail route may change due to safety issues, road closures or detours.

CAMPING

- Hiker/Biker**
Almost every coastal state park campground has Hiker/Biker sites. The \$4 tent sites are first-come, first served and are near water, restrooms and showers.
- Beach**
Beach camping is restricted within city limits, state park boundaries, and near snowy plover habitat areas (avoid orange fenced areas during nesting). Fires are not allowed upwind or near driftwood piles.

PAGE 1
PAGE 2

BEACH SAFETY TIPS

Know the tides
Incoming tides isolate rocks from headlands and the shore. Don't walk to rocks without knowing when the tide will roll in. Free tide tables are available at state park offices, information centers and many shops and motels. Tide information also is available at the Hatfield Marine Science Center website, <http://hmsc.oregonstate.edu/weather/tides/tides.html>

More Beach Safety Tips are available at www.oregonstateparks.org (Select Beach Safety)



Please note: From March 15-September 15 (the nesting season of the western snowy plover), some recreation activities may be restricted on sections of the Oregon Coast Trail. Watch for signs, and visit <http://tinyurl.com/agrjqva> for more information.



For more information:
Oregon Parks and Recreation
Department
725 Summer St. NE, Suite C
Salem, OR 97301
1-800-551-6949
www.oregonstateparks.org